



Emergency Prep

Earth quake

Kit list

Food	Qty	
Peanut butter jar	500g	
Oatmeal	3 liters	
Water sterilization Kit		
MSR Water filter	1	
Nalgene water bottle	1.4 liter	
Bleach	30 ml	
Sanitation kit		
5 Gallon bucket	1	
1 pool noodle	1	
small garbage bags	3	
Toilet paper	2	
bar of soap	1	
Rescue		
Construction Gloves male	1	
Construction Gloves female	1	
Duct tape	1	
Olfa blades	3	
Survival Knife 15"	1	
FM radio battery 18650	1	
Klite fire starter	1	
Paper pad + pencil	1	
Powerbar	1	
Cash + coins	20\$	
Medical		
Latex gloves	4	
ASA, Acetaminophen, Ibut	27	
Cipro	3	

Emergency Kit

Merbromin	50 ml
Proviiodine	50 ml
Super glue	3
Benzalkonium Chloride Wipes	12
Ferric subsulfate	30 ml
ASA	
Acetaminophen	
Ibuprofen	
Glucose gel	3
Razor blades	3
Crappy scissors	1
Compression Strap	1
Suture Thread with Needle	3
Hemstat set	3
CPR rescue mask	1
CPR rescue Barrier	3
Pair Latex gloves	6
18650 battery	1
Bleach	30 ml
Robust padlock	1

Gravol	6	
Gastrolite	5	